

Trahan Behavioral Services  
goes where the  
problems occur.

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**TRAHAN**  
Behavioral Services

**In-Home Services**

**Day Center Programs**

**Assisted Living  
Facilities**

**Nursing Homes**



*Dr. Maranda Trahan, BCBA-D*

Dr. Maranda Trahan is a Board Certified Behavior Analyst (BCBA). For the past 10 years, she has developed and implemented behavioral programs for a variety of individuals with challenging behaviors.

Dr. Trahan specializes in behavior assessments, caregiver training, and program development for older adults with memory impairments. Dr. Trahan has published her work in several aging and behavior analytic journals and presented at state, regional, and national conferences.

[www.trahanbehaviorservices.com](http://www.trahanbehaviorservices.com)



*Behavioral consultations for  
difficult dementia symptoms*

# Our Focus

To keep older adults with dementia independent for as long as possible. We strive to teach older adults and their caregivers the skills necessary to improve their quality of life.

Trahan Behavioral Services seeks to increase appropriate behaviors and manage challenging behaviors with individualized, non-pharmacological interventions.

# Our Approach

Our approach is derived from applied behavior analysis. We are skilled therapists who customize behavior support plans to an individual's skills, interests, and settings. These intervention plans reflect the family's goals of care and involve on-going support and training.

# SERVICES

Trahan Behavioral Services is a **one-stop shop** for challenging behaviors related to dementia. Therapists **observe** participants during stressful routines and **provide** support services when and where needed. Caregivers are trained to modify routines in order to manage challenging behaviors.



## Behavioral Assessment

A therapist gains information on the factor(s) that influence challenging behavior by interviewing caregivers and directly observing stressful routines.

## Caregiver Training

Based on the assessment, behavior support plans are developed. Caregivers are trained in meetings, role playing, or on site.

## On-Going Support

On-going support allows for adjustments to the behavior support plan when needed.

# Workshops

Trahan Behavioral Services offers a range of workshops for family members, formal caregivers, or other clinical support staff.

A list of topics and workshop titles:

***What Is Dementia and What to Expect***

***The ABCs of Dementia:  
Understanding & Managing  
Behavioral Symptoms***

***Modifying Tasks & Routines***

***Identifying Preferences &  
Staying Engaged***

***How & What to Communicate***

***Behavior Analysis & Dementia Care***

***Challenging Behavior***

All workshops are between 1-8 hours and can be tailored to meet the needs of your audience.